



MGRC NEWS

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Mar Gregorios Rehabilitation Centre
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Thanksgiving Day Celebrated



H.G. Dr Zacharias Mar Theophilus, Metropolitan
addressing the gathering



Mr. James Varghese, IAS, Chief Guest,
addressing the gathering

A thanksgiving day was celebrated on 26 January 2017 at the Centre. About 225 people, including clients, their family members, members, well wishers, and staff of MGRC, attended the function. H.G. Dr Zacharias Mar Theophilus, Metropolitan of Malabar Diocese of the Malankara Orthodox Church graced the occasion by his presence and message. Mr. James Varghese, IAS, was the Chief Guest. Prof. Joseph K Alexander, Vice President, chaired the meeting. Mr. K. John, Hon. Director, explained the nature of work of MGRC. Clients interacted with the audience by narrating their experience. His Grace distributed aids and equipment to various clients.

Prof. D Mathew, Vice President welcomed the gathering and Prof. Dr Philipose Joshua, Hon. Secretary, proposed a vote of thanks. Mr. K.U. Mathews and family had sponsored the lunch that was provided to all the participants.

For private, online circulation only. Designed, edited and published by:
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From the Editor's Desk

“There is a plan, a purpose, a value to every life, no matter what its location, age, gender or disability.” Sharron Angle

“MGRC News” has entered the seventh year of its publication. It was started with the sole intention of keeping our members and well-wishers updated about what is happening at MGRC and its ministry among the hundreds of its clients spread across six panchayats in Trivandrum, who are not only poor but also either physically or mentally challenged. In its ministry since the beginning 34 years ago, MGRC has catered to many hundreds of such people, providing medical, economic and social rehabilitation in their own community rather than bringing them to stay at a common centre.

The quality of life of many of these people had tremendously improved by the intervention of MGRC in their lives. Many who had been bed-ridden for years had started walking by getting proper treatment. Hundreds of aids and equipment such as canes, walkers, crutches, splints, braces, artificial limbs, spectacles, etc. have been distributed in the past. Many found a way of earning a livelihood for themselves by starting some small business such as petty shops, goat/chicken/rabbit rearing, tailoring, etc. Hundreds of physically or mentally challenged children or healthy children of physically or mentally challenged parents have been provided help for education. The prayerful participation of our members and well-wishers made all these possible.

I wish “MGRC News” will continue to serve as a link between MGRC and its members and well-wishers as it had done in the past.

“ I was eyes to the blind and feet to the lame.” Job 29:15

Office-bearers and members of the Executive Committee for 2016-17

President : H.G.Geevarghese Mar Coorilos

Vice Presidents : Rev.Fr. Philen P Mathew (Ex.Officio)
Prof. Joseph K.Alexander
Prof. D. Mathews

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Mr.D.Varghese	Mrs. P. Omana John
Mr.K.U.Mathews	Mr. George Jacob
Mr. K.J.Punnathara	Mr. Alexander Eapen



Thanksgiving Day





Thanksgiving Day





Thanksgiving Day





Thanksgiving Day





Thanksgiving Day





Eye Camp

An eye camp was conducted for Aruvikkara Panchayat on 20 January 2017 at the CSI Church Hall, Irayancode, Cheriyaikonni. One hundred and seventy five patients were examined, out of which 63 were male and 112 were female. Twenty six people were identified with cataract, and five with glaucoma. Medicines were given to 48 and spectacles prescribed for 55.

Dr. Jesline Johnson and Dr. Sithara T.V. and Optometrists Pournami G.D, Shalini J., Kavya Mohan, and Lekshmi C.J., from the Regional Institute of Ophthalmology, Trivandrum Examined the patients.

A team of Office bearers, Executive Committee Members, and staff of MGRC gave leadership to the eye camp.





Eye Camp





New well dug for Thangaraj and family

Thangaraj of Karakulam Panchayat had been a daily wages worker. They live in a small house built on a hill top. They used to draw water from their neighbor's well at the foothill. Eventually both Thangaraj and his wife fell sick and both were unable to do any physical work. Moreover, the source of water in their neighbor's well at the foothill also started diminishing and there was acute shortage of water. It was at this juncture MGRC decided to step in and arranged to dig a well at their premises. The initial expectation was to find water at 40' depth. But it went deeper and finally water was found at 56' depth. Even during this dry spell about 5-6' depth of water was available in the newly dug well at the hilltop. A pump was also fitted and the total cost worked out to be ₹ 70,000/-. The local panchayat also stepped in to give their timely help by providing ₹ 19,000/- which is the cost of digging 15'.

Now Thangaraj and family has sufficient water available through the tap at their door step and it is a great relief for them.



**Social Rehabilitation: Education**

Category	No. of Students in- Class I to X	No. of Students in- Class XI and above
Orthopedically Handi- capped	12	Nil
Visually Impaired	1	Nil
Hearing Impaired	5	5
Mentally Challenged	5	Nil
General	29	4
Total	52	9

**CBR Program**

Number of Clients Cared for during the month	
Visually Impaired	05
Orthopedically Handicapped	183
Hearing Impaired	10
Mentally Challenged	15
Total	213

**CBR Program****Details of Aids and Equipment distributed during the month**

Sl. #	Name of Equipment	Quantity
1	Wheel chair	4
2	Air Bed	1
3	Commode Chair	3
4	Quadripod walker	1
5	Splint	3
6	Ash brace	1
7	Axillary Crutches	1
8	Walker	5
9	Ankle Foot Orthoses (AFO)	3
10	Elbow Crutches	4
11	MCR Chappal	2
12	Spectacles	79
13	Hearing Aid	1
	Total	108



Our Patron Saint

Mar Gregorios

of

Parumala

Our President

H.G. Geevarghese

Mar Coorilose



Vision Statement

- ◆ MGRC is a non-profit making society registered under the Travancore-Cochin Scientific, Literary and Charitable Societies Registration Act (Reg. No. 235/83)
- ◆ MGRC tries to bring succor to persons with various types of disabilities such as visually impaired, orthopedically handicapped, hearing impaired and mentally retarded
- ◆ Area of operation consists of six village panchayats around Trivandrum city.
- ◆ Medical, economic and social rehabilitation service is provided to all deserving persons with disabilities in the area irrespective of their caste, creed or religion.
- ◆ This is a community based rehabilitation work and therefore the beneficiaries live and work in their own homes.
- ◆ Beneficiaries are chosen irrespective of cast, creed, or religion.

Services rendered

- Counseling
- Transporting them to hospitals
- Giving medicines & provisions
- Arranging surgery, physiotherapy etc.
- Providing equipment such as artificial limbs, calipers, braces, crutches, hearing aids, spectacles etc.
- Providing finance to start self-employment schemes like tea shop, vegetable shop, petty shop, tailoring shop, goat rearing etc. &
- Providing educational assistance to disabled and poor students.

**How could you help
this ministry?**

**By upholding this ministry in
your prayers.**

By your physical involvement.

By providing financial support.

**By telling others about this
ministry.**