



# MGRC NEWS

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Mar Gregorios Rehabilitation Centre  
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## Christmas Celebrated at the Centre

A Christmas get together of MGRC family consisting of its members, Executive Committee members, Staff, well-wishers and clients, was held on 3rd December 2015 at the Centre. Prof. Joseph K Alexander, Vice President, presided. Rev.Fr. Jacob K Thomas, Vicar, Mar Baselios Gregorios Orthodox Church, Sreekariyam was the chief guest. Mr.K.John, Hon. Director, explained the nature of the ministry of MGRC among the disabled destitute. Rev.Fr.P.G.Jose gave the felicitation address. Selected clients from each panchayat narrated their experiences and the help they received from MGRC after which both the Rev.Fathers distributed various aids and equipment to the deserving clients.

The meeting was started with the prayer song sung by the staff of MGRC and ended with benediction. Special Christmas song was also presented by the staff. Prof. D.Mathew welcomed the gathering and Dr.Mariamanna Daniel, Executive Committee Member proposed a vote of thanks. About two hundred people were present. The get together ended with lunch which was sponsored by Mr.P.S.Rajappan in memory of his late wife.



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## From the Editor's Desk

**“And the Lord God said, it is not good that the man should be alone;  
I will make him a help meet for him.” Gen. 2:18**

God found that it is not good for man to be alone. So he created Eve and established the first family of Adam and Eve. They lived happily in fellowship with God. But some one was not happy about this. Satan found it so disturbing. So he devised a plan to destroy this harmony. He made Eve to believe a lie to be the truth. Adam too fell for it and when God called them they kept passing the buck. The harmony within the first family and that with God was destroyed. Satan continues to play the same trick even today to destroy the harmony in the families. He knows that that is the easiest way to lead the family away from God. Toxic busyness, unrealistic expectations, unresolved conflicts, selfishness, lack of communication, negative comparison, baseless doubts about the partner's fidelity etc. are some of the reasons for rifts in the families today. Thousands of couples, every year, end up in divorce. The worst affected are the children left behind. Perverted ideas about gay and lesbian relationships and living together relationships have added to the erosion of family values. It is high time that we return to the biblical values of family relationships lest our children are doomed for ever. Let us strive together to build up Christ centered families.

**“ What can you do to promote world peace? Go home and love your family.” Mother Teresa**

### Office-bearers and members of the Executive Committee for 2015-16

**President** : H.G.Geevarghese Mar Coorilos

**Vice Presidents** : Rev.Fr. Philen P Mathew (Ex.Officio)  
Prof.Joseph K.Alexander  
Prof.D.Mathews

**Hon.Secretary** : Prof. (Dr) Philipose Joshua

**Hon.Jt.Secretary:** Mr. Baby Kurian

**Hon.Treasurer** : Mr. P.T.Baby John

**Hon.Jt.Treasurer:** Mr. Prasad C.Ninan

**Hon.Director** : Mr. K.John

**Hon.Jt.Directors:** Mr. George T.Punnose  
Mr. K.J.Punnathra

#### Members:

Rev.Fr.Geevarghese Mekkattu	Mr.Koshy Abraham
Mr.K.V.Thomas	Mr.Thomas K Varughese
Mr.K.T.Koshy	Mr.C.M.Geevarghese
Mr.D.Varghese	Dr. Mariamma Daniel
Mr.K.U.Mathews	Mr.Mathew Mammen
Mr. George Thomas	Mrs.Omana John P.



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# Eye Camp

An eye camp was conducted for Karakulam Panchayat on 19th Dec. 2015 at the Little Flower L.P.School, Karayalathukonam, Karakulam. Doctors and technicians from the Regional Institute of Ophthalmology examined 111 patients. Out of which 44 persons were given medicines and 65 were given spectacles. Six patients were identified with cataract, surgery for whom were followed up.

Office bearers, Executive Committee Members and staff of MGRC gave leadership for the camp. The school authorities provided all the necessary help.





# Eye Camp





# Eye Camp





## **CBR Program: PMR Field Visit**

The regular monthly visit to the field by the doctors from Physical Medicine & Rehabilitation MCH Trivandrum was conducted at Vattiyoorkavu Panchayat on 30.12.2015. Dr. Selvan, Dr. Swaliha, and Dr. Nayana consisted of the medical team. Mr. Mathew Mammen, Executive Committee member, Mr. Faustin M Rajan, Manager (CBR), and Mrs. Sindhu Anil (Community Worker) accompanied the medical team. Nine patients who were either fully or partially paralyzed or immovable to a hospital due to various reasons, were examined and treatment given. Medicines prescribed were supplied the following day.





## **CBR Program: PMR Field Visit**





## **MGOCSM UAE Zonal Meeting**

The MGOCSM UAE Zonal meeting and the Silver Jubilee Celebrations of MGOCSM St. Thomas Orthodox Cathedral, Dubai were held at the St. Thomas Orthodox Cathedral Auditorium, Dubai on 2nd Dec. 2015. H. G. Geevarghese Mar Coorilos, Metropolitan, Mumbai Diocese; President, MGOCSM; and President Mar Gregorios Rehabilitation Centre, Trivandrum presided. Mrs. Merin Joseph IPS, was the Chief Guest.

Prof (Dr) Philipose Joshua, Hon. Secretary, who was on a private visit to the UAE, participated in the inaugural session and also released the new prayer book published by MGOCSM, St. Thomas Orthodox Cathedral Unit, by handing over a copy to Mr. Kuruvilla M. George, Retd. Income Tax Commissioner. Dr. Joshua also had the opportunity of speaking to the senior friends of MGOCSM and to the senior citizens of Dubai St. Thomas Cathedral in different meetings held at the Cathedral on 2nd Dec. 2015. He also attended two house prayer meetings of the parish. In all these places Dr. Joshua took the opportunity to present to the participants the ministry of MGRC and enrolled a few as its life members.





## **CBR Program**

### **Number of Clients Cared for during the Month**

Visually Impaired	06
Orthopedically Handicapped	178
Hearing Impaired	10
Mentally Retarded	16
<b>Total</b>	<b>210</b>

**CBR Program****Details of Aids and Equipment distributed on 3.12.2015**

<b>Sl. #</b>	<b>Name of Equipment</b>	<b>Quantity</b>
1	Wheel Chair	3
2	C P Chair	1
3	Elbow Crutches	4
4	Walker	1
5	Axillary Crutches	2
6	Ankle Foot Orthosis	2
7	Knee Orthosis	1
8	MCR Chappal	1
9	Knee brace	2
10	Splint	3
11	Arm Sling	1
	<b>Total</b>	<b>21</b>



*Our Patron Saint*

*Mar Gregorios*

*of*

*Parumala*

*Our President*

*H.G. Geevarghese*

*Mar Coorilose*



### **Vision Statement**

- ◆ MGRC is a non-profit making society registered under the Travancore-Cochin Scientific, Literary and Charitable Societies Registration Act (Reg. No. 235/83)
- ◆ MGRC tries to bring succor to persons with various types of disabilities such as visually impaired, orthopedically handicapped, hearing impaired and mentally retarded
- ◆ Area of operation consists of six village panchayats around Trivandrum city.
- ◆ Medical, economic and social rehabilitation service is provided to all deserving persons with disabilities in the area irrespective of their caste, creed or religion.
- ◆ This is a community based rehabilitation work and therefore the beneficiaries live and work in their own homes.
- ◆ Beneficiaries are chosen irrespective of cast, creed, or religion.

### **Services rendered**

- Counseling
- Transporting them to hospitals
- Giving medicines & provisions
- Arranging surgery, physiotherapy etc.
- Providing equipment such as artificial limbs, calipers, braces, crutches, hearing aids, spectacles etc.
- Providing finance to start self-employment schemes like tea shop, vegetable shop, petty shop, tailoring shop, goat rearing etc. &
- Providing educational assistance to disabled and poor students.

### **How could you help this ministry?**

**By upholding this ministry in your prayers.**

**By your physical involvement.**

**By providing financial support.**

**By telling others about this ministry.**