



# MGRC NEWS

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## Eye Camp at Vellanad Panchayat

An eye camp was held on 19 Nov. 2015 at Bethel Gospel Assemblies Church Hall, Kokkothamangalam, Vellanad Panchayat. A medical team consisting of Dr. Vijayasree, Assoc.Professor, Ms.Shahana S.B. and Ms.Sajini S Nair (Both Optometrists) from the Regional Institute of Ophthalmology, Trivandrum examined a total of 139 patients out of which 50 were male and the rest female. Forty five patients were given free medicines on the spot, 57 were supplied with free spectacles and 23 were identified for cataract surgery which was followed up subsequently.

A team of volunteers from MGRC consisting of Prof. D.Mathew (Vice President, Mr.K.John (Hon.Director), Mr.G.T.Punnose (Hon.Jt.Director), Prof (Dr) Philipose Joshua (Hon.Secretary), Mr.P.T.Baby John (Hon.Treasurer), Dr.Mariamanna Daniel and Mrs. Omana John (Ex.Committee members), Mr. Faustin M. Rajan (Manager-CBR), community workers, and office staff gave leadership in the camp. The cooperation of volunteers from the Bethel Church is gratefully acknowledged.



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## From the Editor's Desk

**“Peace on earth will come to stay, when we live Christmas every day.”  
Helen Steiner Rice**

All religious festivals have a divine purpose behind. But of late every festival has been highly commercialized. Christmas is no exception in this regard. Today Christmas means, Santa Claus, Christmas trees, Christmas cards, lights and decorations, Carol parties, cakes and many more. It is a big business all over the world, running into millions or billions of rupees. We forget the fact that Christ chose to be born, not in a palace, but in a manger where there were no decorations except the stars in the sky. We tend to forget the very purpose of the birth of Christ into this world. When we spend thousands of rupees every year ‘celebrating’ Christmas, we tend to forget the poor and the destitute around us. Christmas, like any other festival, has lost its meaning. Only when Christ is born into our hearts Christmas becomes meaningful. While celebrating Christmas this year, let us also remember the less fortunate brethren of our society—the poor, the needy, the outcasts, the destitute, the sinners— for whom Christ came into this world.

Wishing all the readers a very blessed Christmas and New year. May God continue to bless you all.

**“It is written,” he said to them, “My house will be called a house of prayer, but you are making it a den of robbers.” Matthew 21:13**

### Office-bearers and members of the Executive Committee for 2015-16

**President** : H.G.Geevarghese Mar Coorilos

**Vice Presidents** : Rev.Fr. Philen P Mathew (Ex.Officio)  
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Mr. George Thomas	Mrs.Omana John P.



# Eye Camp at Vellanad Panchayat





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## **CBR Program: PMR Field Visit**

The monthly field visit under the CBR Program by the Physical Medicine & Rehabilitation team was held on 24 November 2015 at Vellanad Panchayat. Dr. Chitra and Dr. Diana from the Physical Medicine & Rehabilitation Dept. Medical College Hospital, Trivandrum examined the bedridden/ nearly bedridden patients and treated them. Medicines/ equipment prescribed were supplied immediately after the visit. Mr. Mathew Mammen, Ex. Committee Member, Mr. Faustin M Rajan, Manager (CBR) and Mrs. K J Salyomy (Community Worker) accompanied the medical team.



Chandrika T (56) - Right thigh fractured and fixed with steel rod inside. Failed to take it out on time—walking is affected.



Shyamala (68) Chronic diabetic patient— right leg amputated below knee



## CBR Program: PMR Field Visit



Divakaran (63) - lost right arm in a motor accident—suffered stroke and left side paralyzed—totally dependent on his younger brother— no children—wife died.

Vikraman Nair (81) Suffered stroke and paralysis



Surendran (50) - Polio victim

Surendran (48)- Highly diabetic—toes amputated



Vincent (42) - paralyzed below waist after a fall from a tree, a few years ago.



## **CBR Program**

### **Number of Clients Cared for during the Month**

Visually Impaired	07
Orthopedically Handicapped	193
Hearing Impaired	11
Mentally Retarded	19
<b>Total</b>	<b>230</b>

**CBR Program****Details of Aids and Equipment distributed during the month.**

<b>Sl. #</b>	<b>Name of Equipment</b>	<b>Quantity</b>
1	Elbow Crutches	3
2	Bilateral Hinged Knee Brace	2
3	LS Belt	2
4	Accommodative Foot wear	1
5	Abdominal Binder	2
6	Commode Chair	2
7	Bottom Brace	1
8	MCR Chappal	1 pair
9	Axillary Crutches	1
10	Wheel Chair	1
11	White Cane	1
12	Spectacles	110
	<b>Total</b>	<b>127</b>





*Our Patron Saint  
Mar Gregorios  
of  
Parumala*



*Our President  
H.G. Geevarghese  
Mar Coorilose*

### **Vision Statement**

- ◆ MGRC is a non-profit making society registered under the Travancore-Cochin Scientific, Literary and Charitable Societies Registration Act (Reg. No. 235/83)
- ◆ MGRC tries to bring succor to persons with various types of disabilities such as visually impaired, orthopedically handicapped, hearing impaired and mentally retarded
- ◆ Area of operation consists of six village panchayats around Trivandrum city.
- ◆ Medical, economic and social rehabilitation service is provided to all deserving persons with disabilities in the area irrespective of their caste, creed or religion.
- ◆ This is a community based rehabilitation work and therefore the beneficiaries live and work in their own homes.
- ◆ Beneficiaries are chosen irrespective of cast, creed, or religion.

### **Services rendered**

- Counseling
- Transporting them to hospitals
- Giving medicines & provisions
- Arranging surgery, physiotherapy etc.
- Providing equipment such as artificial limbs, calipers, braces, crutches, hearing aids, spectacles etc.
- Providing finance to start self-employment schemes like tea shop, vegetable shop, petty shop, tailoring shop, goat rearing etc. &
- Providing educational assistance to disabled and poor students.

### **How could you help this ministry?**

**By upholding this ministry in your prayers.**

**By your physical involvement.**

**By providing financial support.**

**By telling others about this ministry.**