



MGRC NEWS

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Snehasangamam: Annual Get together

The annual get together—Snehasangamam—of clients and their family members, and members, well-wishers, and employees of MGRC was held on 12 September 2015 at the Centre at Moonnammoodu. Prof. Joseph K Alexander, Vice President, presided. Dr.Biju Jacob IA & AS, Chief Controller, VSSC, was the Chief Guest. He gave a motivating talk and distributed various aids and equipment to the deserving clients. Mr. K.John, Hon. Director talked about the nature of work of MGRC among the mentally and physically challenged destitute in the six panchayats adopted by MGRC. A few clients from each panchayat described how their lives have been improved by the intervention of MGRC. Clients Bharati and Rajappan entertained the audience by singing songs. Rev.Fr.Geevarghese Mekkattu, Rev.Fr.Mathew Philip and Rev.Fr.Geevarghese Pallivathukkal felicitated.

Earlier, the community workers offered the prayer song and Prof.D.Mathew, Vice-President, welcomed the gathering. Prof.(Dr) Philipose Joshua proposed a vote of thanks. About 200 people attended the meeting. Lunch was provided for all the participants, which was sponsored by Mr.K.T.Koshy and family.



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From the Editor's Desk

“True freedom is where an individual's thoughts and actions are in alignment with that which is true, correct, and of honor - no matter the personal price.”

Bryant H. McGill

Freedom is something which has been misunderstood and misused by many. Religious and political fanatics and fundamentalists believe in annihilating their opponents. In true democracy one respects the opponent irrespective of the differences in their ideologies. Freedom is not the license to do anything. It will only create anarchy. While we have the freedom to do what we believe, others also have the freedom to do what they believe. Only when we respect each other's freedom, we can enjoy true freedom. So let's see that we don't use our freedom to do evil, rather let's use it to bring peace and harmony in the world.

“Live as people who are free, not using your freedom as a cover-up for evil, but living as servants of God “ 1 Peter 2:16

Office-bearers and members of the Executive Committee for 2014-15

President : H.G.Geevarghese Mar Coorilos

Vice Presidents : Rev.Fr. Philen P Mathew (Ex.Officio)
Prof.Joseph K.Alexander
Prof.D.Mathews

Hon.Secretary : Prof. (Dr) Philipose Joshua

Hon.Jt.Secretary: Mr. Baby Kurian

Hon.Treasurer : Mr. P.T.Baby John

Hon.Jt.Treasurer: Mr. Prasad C.Ninan

Hon.Director : Mr. K.John

Hon.Jt.Directors: Mr. George T.Punnose
Mr. K.J.Punnathra

Members:

Rev.Fr.Geevarghese Mekkattu	Mr.Koshy Abraham
Mr.K.V.Thomas	Mr.Thomas K Varughese
Mr.K.T.Koshy	Mr.C.M.Geevarghese
Mr.D.Varghese	Dr. Mariamma Daniel
Mr.K.U.Mathews	Mr.Mathew Mammen
Mr. George Thomas	Mrs.Omana John P.



Snehasangamam: Annual Get together





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CBR Program: PMR Field Visit

The monthly field visit with the doctors from the Dept. of Physical Medicine & Rehabilitation, MCH, Trivandrum was conducted on 30th September 2015 in Aruvikkara Panchayat. A team consisting of Dr. Selvan, Dr. Mitu C. Sankar and Dr. Avani Sanjeevan, and social workers Mr. Ajay Jose and Miss. Preetha Menon visited seven bed-ridden/nearly bed-ridden patients out of which four were new cases. Medicines prescribed were supplied subsequently and other treatment procedures suggested are being followed up.

Prof. (Dr) Philipose Joshua, Hon. Director, Mrs. Omana John, Ex. Committee member, Mr. Faustin M. Rajan, Manager (CBR), and Mrs. Omana D., Community Worker accompanied the team.



Appukuttan S. (65), newly found case - used to engage in harvesting coconuts - suffered a stroke five months ago - right side paralysis - movement and speech affected.



Mohan Nair K. (60) - Newly found case - used to be a daily wages worker - slipped and fell in front of his house and suffered injuries making him almost immobile - now with continuous care and PMR treatment his condition has improved. There is scope for much improvement .with proper treatment.



CBR Program: PMR Field Visit



C.Mohanam (47) - Newly found case - used to be a daily wages worker - diabetic for past 15 years - also suffers hypertension - vision has been affected - right foot has an ulcer which can be healed only by plastic surgery.

C.Pankajakshi (68) - newly found case - mother of Mohanam - suffered from chikungunya four years ago - bed-ridden - insists on staying alone in the family house adjacent to the house of Mohanam. - Mohanam's wife provides her food and takes care of her.

Aisha Beevi (67) - both legs deformed below knee, by birth - unmarried - stays with brother's family.





CBR Program: PMR Field Visit



Jebannissa (45) - started with a pain in the hip joint at the age of 17 - suffers pain in the hands, neck and hip



Venugopalan Nair (56) - used to work in a jewelry in Chalai - diabetic, bedridden for past seven years - right leg amputated below knee two and a half years ago - one of the toes in the left leg is also amputated - suffers from heart and kidney problems.



MGOCSM

Prof (Dr) Philipose Joshua, Hon. Secretary attended the Executive committee meeting and the General assembly of MGOCSM which was held on 5th September 2015 at the St.Basil Aramana, Pathanamthitta.

Obituary

It is with a deep sense of grief that we announce the demise of Daya S. Faustin (3 1/2 yrs), d/o of Mr. Faustin M Rajan, Manager (CBR), MGRC and Mrs. Susan Faustin, Kerala Water authority, on 14 September 2015. The MGRC family condoles the demise and prays that the departed soul may rest in peace and that the merciful Lord may grant solace to the bereaved family.



CBR Program

Number of Clients Cared for during the Previous Month

Visually Impaired	10
Orthopedically Handicapped	189
Hearing Impaired	11
Mentally Retarded	18
Total	228

**CBR Program****Details of Aids and Equipment distributed during the previous month.**

Sl. #	Name of Equipment	Quantity
1	Back rest	3
2	MCR Chappal	5
3	Scale Splint	1
4	Surgical Shoes	1
5	C P Chair	4
6	Walker	2
7	Air Bed	1
7	Tricycle	1
8	Wheel Chair	1
9	Commode Chair	1
10	White Cane	1
11	Spectacles	15
	Total	36



*Our Patron Saint
Mar Gregorios
of
Parumala*



*Our President
H.G. Geevarghese
Mar Coorilose*

Vision Statement

- ◆ MGRC is a non-profit making society registered under the Travancore-Cochin Scientific, Literary and Charitable Societies Registration Act (Reg. No. 235/83)
- ◆ MGRC tries to bring succor to persons with various types of disabilities such as visually impaired, orthopedically handicapped, hearing impaired and mentally retarded
- ◆ Area of operation consists of six village panchayats around Trivandrum city.
- ◆ Medical, economic and social rehabilitation service is provided to all deserving persons with disabilities in the area irrespective of their caste, creed or religion.
- ◆ This is a community based rehabilitation work and therefore the beneficiaries live and work in their own homes.
- ◆ Beneficiaries are chosen irrespective of cast, creed, or religion.

Services rendered

- Counseling
- Transporting them to hospitals
- Giving medicines & provisions
- Arranging surgery, physiotherapy etc.
- Providing equipment such as artificial limbs, calipers, braces, crutches, hearing aids, spectacles etc.
- Providing finance to start self-employment schemes like tea shop, vegetable shop, petty shop, tailoring shop, goat rearing etc. &
- Providing educational assistance to disabled and poor students.

How could you help this ministry?

By upholding this ministry in your prayers.

By your physical involvement.

By providing financial support.

By telling others about this ministry.